

Lamar Electives 2020-2021

Fine Arts

Band

Audition only ensembles:

- Wind Symphony
- Symphonic Band
- Percussion (Both Wind Symphony and Symphonic Band percussionists are placed in this class in order to work on specific techniques and percussion concert repertoire.)

Students will be placed in Wind Symphony and Symphonic Band based on their audition. The Wind Symphony is the top performing concert band at Lamar and the second band is Symphonic Band. Typically, younger members are in the Symphonic Band and experienced members are in the Wind Symphony. However, sometimes some of the best players are freshmen and they are allowed to participate in the Wind Symphony. Some seniors may never play in the Wind Symphony during their time at Lamar. Here are the audition requirements:

Winds

Perform the following major scales in as many octaves as possible:

- Concert F Major
- Concert Bb Major
- Concert Eb Major
- Concert Ab Major
- Mvt.I of the 2020 Marching Show

Percussion

Perform the following rudiments:

- Buzz Roll
- Open/Double Stroke Roll
- Paradiddles
- Paradiddlediddle
- Double Paradiddle

If a student is a true beginner and has never been in band/played an instrument before, these are the classes they need to be placed in:

- Beginning Band
- Beginning Percussion

Any student interested in joining the Lamar Band should email Mr. Aaron Stickley at aaron.stickley@houstonisd.org and Mr. Tab Olson at tab.olson@houstonisd.org with their name, instrument, and middle school.

Choir

We have several choirs from which you may choose to enroll. Two of the choirs require no auditions and anyone is welcome to join.

Contact: Ms. Moritz pmoritz@houstonisd.org

Dance

Students may choose to take a beginning dance class or may audition for some of our more advanced programs. You can find more information on our website at <https://www.houstonisd.org/Page/70488>.

Advanced Modern, Advanced Hip Hop, and LDT Modern and Hip Hop

The applications and submission videos are open now and if any students need help Mr. Ayala is available to answer any questions at Andy.Ayala@houstonisd.org.

Applications opened on April 9th and will close May 8th at 2pm.

IB Dance

Any students interested in IB dance should email Andy.Ayala@houstonisd.org for more on the interview/audition process.

Contact: Mr. Ayala andy.ayala@houstonisd.org

Debate

Please contact Mrs. Fernandez for more information mfernan7@houstonisd.org

Guitar

Please contact Mr. Olson for more information tab.olson@houstonisd.org

Orchestra

Varsity Orchestra – To schedule an online audition, please email Tab.Olson@houstonisd.org
Students will be placed in Varsity Orchestra or Beginning Orchestra based on their audition. Varsity Orchestra is the top performing orchestra at Lamar and Beginning Orchestra is designed for true beginners as well as less experienced students who need extra instruction before moving to Varsity Orchestra. Every student who has experience should audition for the Varsity Orchestra class and placements will be determined. Here are the audition requirements:

Perform the following major scales in as many octaves as possible:

- Concert G Major
- Concert D Major
- Concert A Major
- Concert E Major

Perform an excerpt of a technical solo or ensemble that the student has played in the past either in school or in private lessons (This is optional but highly recommended)

Beginning Orchestra - If a student is a true beginner and has never been in orchestra/played an instrument before please request Beginning Orchestra.

Piano

Piano 1 Class for Beginners is designed for students who have never studied piano or students that have studied previously but have forgotten most of what they learned. This class has no prerequisite and is open to everyone with a desire to learn to play the piano. *(No piano at home is required)*

Piano 1 Class for Non-Beginners is a new class we are designing for incoming Freshmen and upper classmen who have studied piano before and are ready to continue without having to go through all of the basics again.

Piano 2 is for students who have completed piano 1 and were selected to perform in our public recital or students who have studied privately at least 2 years. *(It is encouraged, but not required that you have a piano at home for this class.)*

Piano 3 is for students who have completed piano 1 and 2 or have studied piano privately at least 4 years. *(It is encouraged, but not required that you have a piano at home for this class.)*

Piano 4 is for students who have completed piano 1, 2, & 3 or have been studying privately more than 6 years. *(It is encouraged, but not required that you have a piano at home for this class.)*

Contact Mr. Craven bcraven@houstonisd.org

Theatre

The Theatre Department at Lamar High School continues to create opportunities for a varied group of students interested in the Theatre Arts. Courses offer a general background in theatre both as a performance and technical art. With approximately 200 students, Theatre 1 is an overall survey of all the elements that make up a theatre production. In Theatre 1, the student will explore basic acting techniques, stage terminology, introductory technical theatre skills, and be exposed to the wonderful history and literature of the art of theatre.

Contact aimee.small@houstonisd.org

Visual Arts

In Art 1, students learn about the language of art - the elements of design, the principles of design, and the design process. Students will learn to draw, to manipulate various 2-D media, color theory and the process of art criticism. This class is the foundation for every other visual art course at Lamar.

Contact Mr. Stiles robert.stiles@houstonisd.org

CTE

Principles of Agriculture

(Animal Science and Horticulture Science)

The Agriculture, Food & Natural Resources program of study is committed to preparing students for careers and life skills through education and training in agricultural commodities and natural resources. Horticulture, Veterinary Science and Animal Science are available programs on campus and can get students out of the classroom and enjoying the outdoors. Students can receive certifications in Floral Design, Veterinary Science, or Animal Science. The Benz School of Floral Design Principles of Floral Design Certification verifies individuals have acquired the knowledge and skills to pursue a sustainable career in the floral industry. The Texas Veterinary Medical Association Level 1 Certified Vet Assistant will educate veterinary assistants in the essential skills and knowledge needed to become effective contributors to the veterinary medical care team. The Elanco Fundamentals of Animal Science Certification verifies individuals have acquired the foundational knowledge and skills to pursue a career within the animal science industry. The Bayer Crop Science Plant Certification verifies individuals have acquired the knowledge and skills necessary to excel in a variety of plant, natural, and environmental science related fields.

Contact: Ms. Infante einfante@houstonisd.org
Ms. Krause kkrause1@houstonisd.org
Ms. Hernandez emily.hernandez@houstonisd.org

Principles of Arts Audio Visual Technology & Communication

(Broadcast Journalism and Print Journalism)

The Arts, A/V Technology and Communications program of study combines creativity and technology to prepare students for one of today's leading industries with a focus on careers in designing, producing, exhibiting, performing, writing and publishing multimedia content and entertainment services. Animation, Audio/Visual Production, Commercial Photography, Printing and Imaging Technology, and Graphic Design are all programs available at Lamar. Students receive certification in Adobe Premier or TV Operator.

Contact: Mr. Gayle rgayle@houstonisd.org
Ms. Smith csmith41@houstonisd.org

Principles of Business, Marketing, & Finance

(Business Administration, Finance/Accounting)

Business Administration

The Business Management and Administration program of study encompasses planning, organizing, directing, and evaluating business functions essential to efficient and productive business operations. Business management and administrative career opportunities are available in every sector of the economy. From small business owners to global corporate executives, there is a need for employees with strong financial, organizational, time management, and communication skills. Students receive certification in Microsoft Office (Power Point, Word, and Excel) and have the opportunity to intern in the Smart Financial Credit Union branch on the Lamar High School campus.

Accounting

Businesses need employees who can lead team projects, crunch numbers to keep costs down, and examine financial records. The Finance program of study encompasses services for financial and investment planning, banking, insurance, and business financial management. Accounting, Financial Planning, and Banking and Securities are all programs available at Lamar High School. Students receive certification in Microsoft Excel and QuickBooks and have the opportunity to intern in the Smart Financial Credit Union branch on the Lamar High School campus.

Principles of Hospitality and Tourism

(Culinary Arts, Hotel Management, Travel and Tourism)

The Hospitality and Tourism program of study encompasses the management, marketing, and operations of restaurants and other food services, lodging attractions, recreation events, and travel related services. Lamar High School has a Culinary Arts program. Students receive the ServSafe Managers Certification, along with First Aid and CPR training.

Contact Mr. Crayton Tristan.crayton@houstonisd.org
Mr. Shiran ali.shiran@houstonisd.org

Principles of Human Services

(Child Development)

The Human Services program of study focuses on preparing individuals for employment in careers that improve the quality of human lives. This program focuses on preparing individuals for employment in career pathways that relate to families and human needs such as family and community services and early childhood development and services. Students receive certification in Pediatric First Aid/CPR/AED and have the opportunity to observe and then intern in the Lamar High School Childcare Center.

Contact Mrs. Scholz jscholz@houstonisd.org

Principles of Applied Engineering

The STEM program of study focuses on providing scientific research and professional services. Careers in STEM link scientific discoveries to the needs of society and consumers. Students at Lamar focus on Engineering and Robotics and become certified in OSHA-10 and Autodesk.

Contact Mr. Cemer dcemer@houstonisd.org

Athletics

Please go to lamarhs.org and select activities, then athletics, for forms and more information for each sport. Check below for contact information and information on tryouts or how to gain entry into our athletic programs.

Baseball

Head Coach David Munoz dmunoz@houstonisd.org

Please contact Coach Munoz if you are interested in playing baseball before the school year begins. There will be tryouts at all levels in January. Follow Lamar Baseball on twitter - @BaseballLamar

Boys Basketball

Head Coach Jerry Van Dusen jvanduse@houstonisd.org

All players need Coach Van Dusen's permission to be in basketball 3rd and 7th period.

Incoming 9th graders will practice before school, not after and they will not be put in the basketball class period. There will be open gym this summer, times TBA so please check with Coach Van Dusen. Try-outs will be held in October and there will be cuts at all levels. Follow Lamar Boys' Basketball on twitter - @lamartexansbas1

Girls Basketball

Head Coach Damion Hopkins Damion.Hopkins@houstonisd.org

There will be open gyms all summer long and try-outs before school starts.

Please be sure to check the school calendar and the Girls basketball web-site for more information.

Follow Lamar Girls' Basketball on twitter - @LadyTexansHoops

Cheerleading

Sponsor Tara Williams and Andy Ayala twilli61@houstonisd.org andy.ayala@houstonisd.org

Tryouts required.

Drill Team (Rangerettes)

Sponsor Tara Williams and Andy Ayala twilli61@houstonisd.org andy.ayala@houstonisd.org

Tryouts required

Boys Cross Country

Head Coach Jerry Martinez lallred@houstonisd.org

Cross Country starts in the summer. Any new cross-country members must contact Coach Martinez for approval at 281-660-6687. No exceptions.

Boys Track and Field

Head Coach Patrick Jefferson pjeffer2@houstonisd.org

Track and Field is a Spring Sport. Students must want to participate and be a part of the team here even if they run for a club outside of school. The Lamar team comes first.

Follow Lamar Boys' Track & Field @Lamar_BoysTrack on twitter.

Girls Cross Country

Interim Head Coach Gerrick.green@houstonis.org

Cross Country starts in the summer. Please contact Coach Green if you are interested in girls' cross country or girls' track. Follow Lamar Girls' Track & Field @lamar_track on twitter.

Girls Track and Field

Head Coach Gerrick.green@houstonis.org

Track & Field is a Spring Sport, but practice for the girls track program begins before the spring semester begins. One of the top goals of the Lamar High School track program is to build on an already strong tradition that can be continued well on into the future, with that in mind we do not cut athletes but want parents and students to know that this is a sport that requires your full commitment and participation. Please email Coach Green and follow Lamar Girls' Track & Field @lamar_track on twitter.

Football

Head Coach Michael Lindsey Philip.Lindsey@houstonisd.org

All Freshmen and newcomers to Lamar are accepted on the team pending paperwork being submitted and attending the first day of practice, August 3. All Lamar students who are not new to Lamar but want to play football must receive permission from Coach Lindsey to join the team. Please check the Lamar Football website at www.lamarfootball.net and our twitter page @LamarTexansFB for more information.

Golf

Head Coach Allan Myers allan.myers@houstonisd.org

There are try-outs in August. No one will be put into the class without permission from Coach Myers. Please email him to let him know your skill-set and to set up your try-out.

JROTC

Contact hdang2@houstonisd.org for more information about this program.

Boys Soccer

Head Coach Jeremy Davison jdavison@houstonisd.org You must have the coach's permission to participate in soccer. Please e-mail the coach with your information and level of experience. Class times are 3rd (Advanced) and 7th period (FR/tryout/PE), there will be try-outs all year in class only. Soccer is a competitive sport that needs your full commitment and participation during all classes, training sessions, practices and games.

Girls Soccer

Head Coach Zach Goolsbee jgoolsbe@houstonisd.org

You must have Coach Goolsbees' permission to participate in soccer. Try-outs are in October. Please e-mail Coach Goolsbee with your information and level of experience. Soccer is a competitive sport that needs your full commitment and participation at practice and games. Please check the Lamar Girls' Soccer website for updates - <https://houstonlamarsoccer.weebly.com/> .

Softball

Head Coach Debra Crockett dcrock3@houstonisd.org

New softball players are encouraged to attend the summer strength and conditioning program at Lamar as well as softball skill sessions. Any student interested in softball must fill out the Athletic Packet Prior to admittance into the class. Contact Coach Crockett if you have any questions. Please go to the softball website for updates. <https://sites.google.com/houstonisd.org/lamarsoftball/> Follow Lamar Softball on twitter @_lamarsoftball

Swim, Water Polo and Diving

Head Coach Henry Thomas Henry.Thomas@houstonisd.org

You must have Coach Thomas' permission to participate in swim. Please e-mail him and let him know your level of experience. Follow Lamar Swim, Diving, and Water Polo on twitter @LamarAquatics

Tennis

Head Coach Remus Anduiza remus.anduiza@houstonisd.org

You must have the coach's permission to participate in tennis. Please e-mail the coach with your information and level of experience. Class times are 4th (Advanced) and 8th period (FR/tryout/PE), there will be try-outs Aug 1st. Tennis is a competitive sport that needs your full commitment and participation during all classes, training sessions, practices and games.

Volleyball

Head Coach – TBA email lallred@houstonisd.org or Philip.lindsey@houstonisd.org

There will be open gym during the summer and early try-outs for Volleyball. Please check the Lamar Calendar and the volleyball web-site for exact times and more information.

Follow Lamar Volleyball on twitter @VolleyballLamar

Girls and Boys Wrestling

Head Coach Carina Reyes Justin.Wingard@houstonisd.org

If you would like to wrestle, Coach Wingard will be happy to have you contact him for entry into the program.

Club Sports:

Field Hockey

Field Hockey Team Mom, Liz Singleton, egsingleton@yahoo.com

PE Credit Coordinator, Liz Singleton, egsingleton@yahoo.com

Boys Lacrosse

Dave Vollmer dmvollmer2@gmail.com

Girls Lacrosse

Susan Krause is the parent contact, Susan.Krause.LWLAX@gmail.com

Boys and Girls Rugby

Spencer Wheat parent contact and coach rugbylamar@yahoo.com

For more information Contact the Lamar athletic secretary, Liza Allred lallred@houstonisd.org